

Cycling

Bike Shops

Capital City Cycles

1419 Broad Street

A cool locally owned bike shop located in the heart of downtown Victoria, catering to commuter, recreational, fixedgear and very serious cyclists.

(250) 385-1739

www.capitalcitycycles.ca

Recyclista

25 Crease Ave., Saanich

The used bike co-operative sells reconditioned bikes, and provides the community with bike repair help and training at affordable (or free!) rates.

(250) 418-8867

www.recyclistas.ca

North Park Bike Shop

1725 Quadra Street

(250) 386-2453

They can sell and order you in almost anything you need. They also provide maintenance and repairs.

Rentals

There are two companies that offer discounts on bike rentals to Ocean Island Guests:

The Pedaler

791 Douglas

More info: 778-265-7433 or

www.thepedaler.com

Sports Rent

#3-1950 Government Street

More info: 250-385-7368 or

www.sportsrentbc.com

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Security

Riding a bike in Victoria is pretty safe due to it's small size, plentiful bike lanes, large cycling population, and North America's most bike friendly drivers. ICBC statistics show that riding a bike is no more dangerous than driving a car, you just have to obey the rules and use some common sense. For more information on safe riding see www.bikesense.bc.ca

Ask a bike shop for advice on choosing a lock and then use it! Always park your bike in a secure covered space when you're at home or at work. Ocean Island offers free bike storage to current guests in our basement, so ask the front desk for a bicycle tag and lock it up safely. When you're out and about, remember to lock up your bike in high traffic areas with a lot of visibility. Also, be sure to know your bike's serial number, and find out about registering it with police or a bike shop in case it ever gets stolen.

Routes and Trails

The Galloping Goose and Lochside Trail

Trail suggestions and city maps are available at the front desk

If you have a bike you can take it on the bus and save tons of time. Give **BC Transit** a call at (250) 382-6161 and ask them about how to get somewhere using bikes and buses. It's fast!

Cycling Resources

Greater Victoria Cycling Coalition

Tel: (250) 480-5155

Website: www.gvcc.bc.ca

E-Mail: gvcc@gvcc.bc.ca

British Columbia Cycling Coalition

Website: www.bccc.bc.ca

E-Mail: info@bccc.bc.ca

Information compiled by the Ocean Island Marketing Team to the best of their knowledge. Information on contact details, prices, times, etc. is subject to change at any time. For more tourism information please visit www.oceanislandvictoriaguide.com

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